

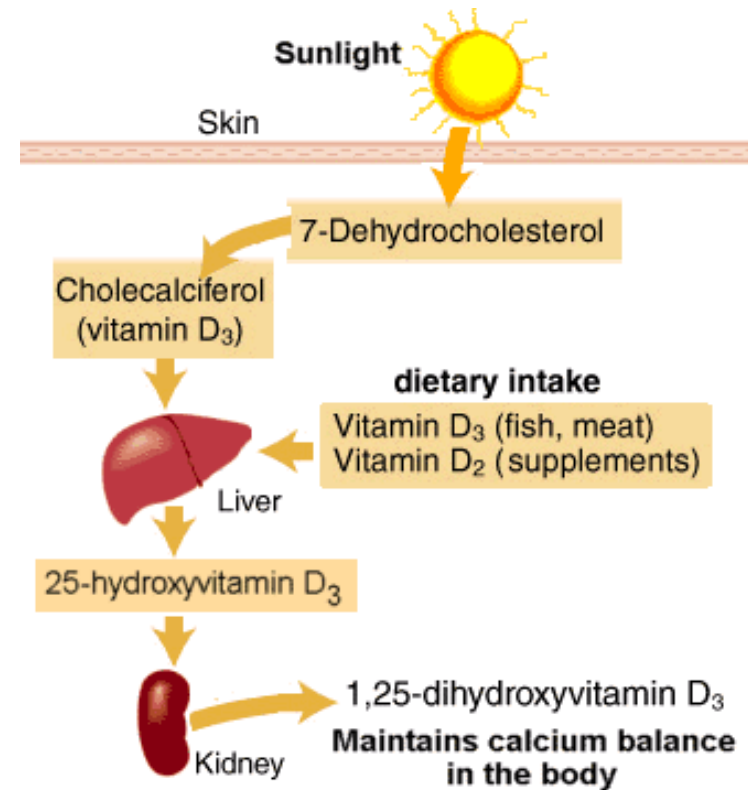
Vitamin **D₃** 400 IU



What is Vitamin D₃?

Vitamin D₃ has a significant role in calcium homeostasis and metabolism, also enhances intestinal absorption of iron, magnesium, phosphate and zinc.

Vitamin D₃ also known as Cholecalciferol, is a steroid with hormone like functions.



Why this supplement?

The main source of Vitamin D3 for human beings is the dermal synthesis from sunlight.

People who live in most parts of North America, Europe and Central Asia are not regularly exposed to sufficient sunlight to produce the required amount of Vitamin D3.

In the Middle East, Vitamin D3 deficiencies can be explained by limited sun exposure due to cultural practices, deeper pigmentation of the skin, and very hot climate in several countries in the Gulf area. Also prolonged breast feeding without vitamin D supplementation, limited outdoor activities, obesity, and lack of government regulation for vitamin D fortification of food, in several, if not all countries.



Vitamin D₃ deficiency

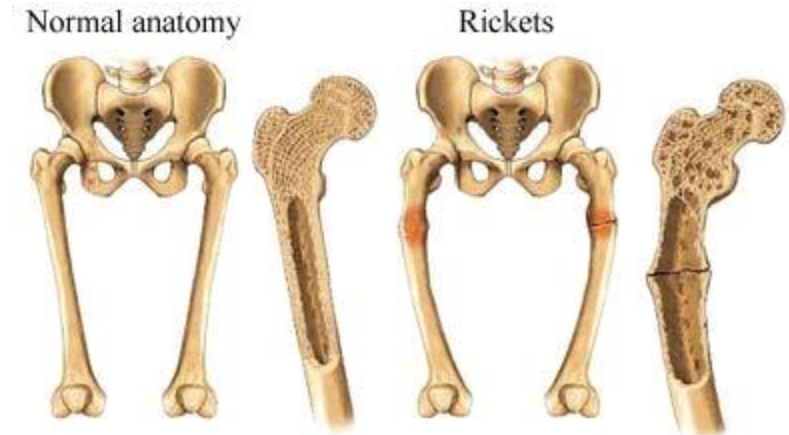
A diet deficient in vitamin D in conjunction with inadequate sun exposure causes osteomalacia (or rickets when it occurs in children), which is a softening of the bones.

Vitamin D₃ deficiency in adults over 50 years old may cause osteoporosis.

Risk factors for deficiency: Latitude, season, skin color, sunblock and age.

FDA recommendation for daily intake is 400 IU for infants, read about infant overdose risk at the following link:

<http://www.fda.gov/downloads/ForConsumers/ConsumerUpdates/UCM215586.pdf>



Our product

Vitamin D₃, with 400 IU per dropper (1 ml).

Contains: 30 ml / 1 fl. Oz.

Flavor: Citric

Also available in 1000 IU and 5000 IU



VictoriaQuids



Contact us

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